

# OAKCREST FAMILY RESTAURANT

Apr-17

**PK-8 daily Gets 2 Half Cup different Vegetables & 1/2 Cup Fruit**

750	680	680	680	840
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>3-Apr</b>	<b>4-Apr</b>	<b>5-Apr</b>	<b>6-Apr</b>	<b>7-Apr</b>
<b>Cheese Pizza</b>	Turkey Corn Dog	Chicken Nuggets/Wheat Roll	Chicken & cheese./ W. Bun	<b>Cheese Pizza</b>
Tossed Salad/Dress	Steamed Broccoli	Mashed Potato	Steamed Broccoli	Tossed Salad/Dress
Celery Sticks & Dip	Corn	Green Beans	Baked beans	Baby Carrot & Dip
Apple Sause	Banana	Orange	Pineapple	Apples
skim white & Choc.	skim white & Choc.	skim white & Choc.	skim white & Choc.	skim white & Choc.

**PK-12 daily Gets 2 OZ Meat or Meat substitute**

750	680	680	680	840
<b>10-Apr</b>	<b>11-Apr</b>	<b>12-Apr</b>	<b>13-Apr</b>	<b>14-Apr</b>
<b>Cheese Pizza</b>	Chicken Nuggets/Wheat Roll	Cheeseburger/ w Bun	Corn Dog nuggets	<b>Cheese Pizza</b>
Tossed Salad/Dress	Mashed Potato's	Corn	Potato wedges	Tossed Salad/Dress
Celery Sticks & Dip	Green Beans	Steamed Broccoli	Pinto Beans	Baby Carrots & Dip
Apple Sause	Banana	Orange	Pineapple	Apples
skim white & Choc.	skim white & Choc.	skim white & Choc.	skim white & Choc.	skim white & Choc.

**9-12 daily Gets 2 Half Cups of different Vegetables & Fruits**

750	680	600	600	750
<b>17-Apr</b>	<b>18-Apr</b>	<b>19-Apr</b>	<b>20-Apr</b>	<b>21-Apr</b>
<b>Cheese Pizza</b>	Chicken Nuggets/Wheat Roll	Cheeseburger/ w Bun	Corn Dog nuggets	<b>Cheese Pizza</b>
Tossed Salad/Dress	Mashed Potato's	Corn	Potato wedges	Tossed Salad/Dress
Celery Sticks & Dip	Green Beans	Steamed Broccoli	Pinto Beans	Baby Carrots & Dip
Apple Sause	Banana	Orange	Pineapple	Apples
skim white & Choc.	skim white & Choc.	<b>Early</b>	skim white & Choc.	skim white & Choc.

**Serving size For milk is One cup equal 8 OZ Non Fat milk**

750	680	680	680	840
<b>24-Apr</b>	<b>25-Apr</b>	<b>26-Apr</b>	<b>27-Apr</b>	<b>28-Apr</b>
<b>Cheese Pizza</b>	Turkey Corn Dog	Cheeseburger/ w Bun	Chicken Nuggets/Wheat Roll	<b>Cheese Pizza</b>
Tossed Salad/Dress	Steamed Broccoli	Baked beans	Mashed Potato	Tossed Salad/Dress
Celery Sticks & Dip	Corn	Potato wedges	Green Beans	Baby Carrots & Dip
Apple Sause	Banana	Orange	Pineapple	Apples
skim white & Choc.	skim white & Choc.	skim white & Choc.	skim white & Choc.	skim white & Choc.